

THE HAWK I VIEW



Hawk iSolutions Group, Inc.

What's
Inside

**How To Tell
If Your
Computer Is
Infected With
SPYWARE!**

Learn how you
can still enjoy
your vinyl
records on
today's
Technology.

**Come and Join
the Fun at
Annie Malone's
MAY DAY 2006
Celebration.**

**Read About Our
Small Business
2006 EXPO
Winners!**

Welcome to the
World of 2006

Warning To Parents With Kids Online: MySpace Has Become A Hunting Ground For Criminals and Pedophiles

Over the last few months there has been a lot of news coverage and controversy over a social network website called MySpace.com, and rightfully so. I decided to include a front page article about this in my newsletter to warn my clients of the dangers this website poses to their children and families.

For those not familiar with MySpace, it is a phenomenally successful online network that enables users to post and exchange gossip, messages, pictures, personal information, and pretty much anything else that comes into their minds. With 60 million members, MySpace is the biggest and fastest growing of all social network sites.

Although users are supposed to be at least 14 to register, it is easy to bypass this restriction. An estimated 10 million of those members are under the age of 17 and many more are under the age of 14. What makes this site so dangerous is that many children are posting pictures of themselves along with other confidential information such as the school they go to, where they live, personal schedules, who their parents are, and other contact information. It is this information that is placing them in danger, as online predators may use it to find and harm these children. Just look at these horror stories:

14 Year Old Girl Found Dead

In January, a 14 year old girl in New Jersey was found naked and strangled in a

garbage bin. Friends said she had been in contact with an older man through one of the social network sites.

15 Year Old Sexually Assaulted

A 26 year old Houston man was charged with sexual assault, accused of luring a 15 year old girl into a relationship through MySpace.

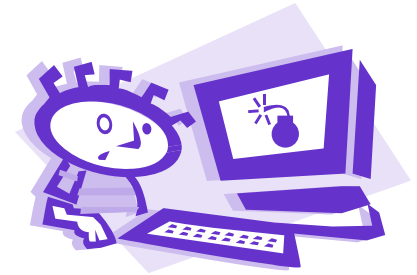
37 Year Old Man Attacks 16 Year Old Girl

A 37 year old man solicited a 16 year old girl by visiting MySpace.com. The man misrepresented himself as being younger, then tracked her down. Lafayette Sheriff Lt. Craig Stansbury said the man showed up at the victim's after-school job and followed her to the parking lot, where he forced her into his car and attacked her. The assailant knew where she worked because she posted it on her MySpace profile.

How To Protect Your Kids Online

- ◆ Keep the computer in the family room so you can monitor what happens online.
- ◆ Review the websites your children visit. If they have a webpage on MySpace, make sure they are not posting pictures or other confidential information such as phone numbers and addresses.
- ◆ Educate your children about the dangers online and provide them with clear instructions about what they can and can't post or share online.
- ◆ Set time limits on surfing and restrict most computer use for specific purposes, such as school homework.

9 Warning Signs Your Computer Is Infected With Spyware



Spyware is Internet jargon for hidden programs that advertisers install on your PC without your permission to spy on you, gather information, and report this information about you and your online activities to a third party.

Spyware is NOT harmless; it can be responsible for delivering a boatload of spam, altering your web browser, slowing down your PC, and serving up a bounty of pop-up ads. In some of the more extreme cases, spyware can also steal your identity, passwords, e-mail address book, and even use your PC for illegal activities.

Most spyware finds its way onto your computer via file downloads including free programs, music files, and screen savers found everywhere on the Internet. These nasty programs piggyback the download and run undetected on your computer collecting information about you and sending it out to a third party until they are removed. Although spyware has malicious components, it is not illegal, and it is not considered a virus because it doesn't replicate itself or destroy data.

If you are experiencing one or more of these warning signs, chances are your computer is infected and you will need to seek professional help in getting the spyware removed.

#1. Your browser has been hijacked. If you open your Internet browser and a strange-looking homepage pops up and won't go away, chances are you have a spyware program installed on your computer. You may also discover that you cannot modify your browser settings and that your favorites folder has been modified.

#2. You conduct a search but another (unauthorized) browser completes it for you. For example, you type a search term into Microsoft IE but another browser pops up and lists various websites tied to your search term. This is a surefire sign of a spyware infection. You'll also notice that if you try and remove this program, it comes right back.

#3. Your computer is unstable, sluggish, locks up, or crashes frequently. Spyware programs run in the background taking up disk space and processor speed which will cause serious performance problems.

#4. You constantly get pop-up ads displayed on your screen, even if you aren't browsing the Internet. Some of the ads may even be personalized with your name.

#5. You receive expensive phone bills for calls to 900 numbers that you didn't make. Some spyware programs can use your computer to make calls on both a broadband and dial-up line.

#6. The send and receive lights on your modem blink actively as though you are surfing the Internet or downloading files online, even though you aren't. More than likely this is due to spyware programs sending and receiving information via your computer without your permission or acknowledgement.

#7. Mysterious files suddenly start appearing on your computer, your files are moved or deleted, or the icons on your desktop and toolbars are blank or missing.

#8. Your CD drawer starts opening and closing by itself.

#9. You find e-mails in your "Sent Items" folder that you didn't send.

Because spyware is so prevalent on the Internet, it's a good idea to scan your system once a week to clear out any potential infections. Most spyware programs are designed to run undetected by the user. That means you could be infected and not even know it.

**Call us if you need help to determine the problems with your machine
(314) 727-1174**

How To Transfer Old Vinyl Records To Your iPod

If you want to transfer music from your vinyl records onto an iPod, there are several ways to do it. The easiest way is to send your old LPs to an Internet company such as Cassettes2CDs or Ferris Mastering. They will burn CDs of the records, which can then be downloaded to an MP3 player. They charge \$12 or more per album, but they can often improve the sound by eliminating the crackles on the record. You could also do it yourself with a turntable, a sound-card-enabled computer with a line-in jack, a receiver with pre-amp photo inputs, and connecting cables. See Microsoft's Recording Audio site at www.microsoft.com/windows/windowsmedia/knowledgecenter/mediadvice/0081.mspx.

Annie Malone Children & Family Service Center May Day 2006 118th Annual Celebration

Annie Malone Children & Family Service Center continues to expand services and programs to meet the needs of a changing society. Today's problems are more complex than those were in 1888 when a group of prominent women raised concerns about the welfare of neglected and orphaned children. Today, they offer a wide range of therapeutic options available to children and families facing difficulties.

In 2005, Annie Malone Children & Family Service Center served more than 1,300 clients. Their services include: Emerson Academy,

a Therapeutic School; Annie Malone Daycare; Residential Treatment Services; Family Focus and Reunification Services; Transitional Living; and a Food Service Program—Annie M. Fine Cuisine.

There is still much work to be done on behalf of children and family issues. Annie Malone has two weekends of fundraising activities in May to raise funds for the Agency. This year's May Day theme is "Firmly Fixed on Families!" We encourage all to be a part of the 2006 May Day Activities, which include:

Friday, May 12th
Benefit Bar-B-Que & Community Fair

Location: 2612 Annie Malone Drive
10:00am—7:00pm

Benefit Bar-B-Que Cook-Off
Location: Keiner Plaza—Downtown
St. Louis
10:00am-5:00pm

Friday, May 19th
Soiree Dinner
Location: The Grand Renaissance
Hotel
800 Washington Blvd.
\$75.00 per person, Table of 10
6:30pm

Saturday, May 20th
Gospel Music Celebration

Location: Antioch Baptist Church
4213 North Market St.
6:00pm

Sunday, May 21st
May Day Parade
Location: Downtown St. Louis
Starting at Market and Jefferson
1:00pm

Please contact the Agency regarding sponsorship, volunteer opportunities, and parade applications by calling (314) 531-0120 or e-mail them at amcfsc@anniemalone.com.

The Lighter Side:
The Smartest Man In The World?

A doctor, a lawyer, a little boy, and a priest were in a small private plane when it developed engine trouble and started to go down. The pilot grabbed a parachute and told the passengers they had better jump too, but there were only three parachutes remaining.

The doctor said "I save lives, so I must live," grabbed a parachute and bailed out.

The lawyer said, "I'm a lawyer and lawyers are the smartest people in the world. I deserve to live." He grabbed a parachute and jumped. The priest said, "My son, I've lived a long, full life. Take the last parachute and live in peace."

The boy gave the parachute back to the priest and said, "Not to worry, Father. The 'smartest man in the world' just jumped out of the plane with my back pack."



Hawk iSolutions Group, Inc.

Hawk iSolutions Group, Inc.
6439 Plymouth, Suite 112
St. Louis, MO 63133

Phone: (314) 727-1174
Fax: (636) 230-9905
www.hawkisg.com

**IT Solutions...helping
build your business!**

Services We Offer

- PC repair and troubleshooting
- Printer repair and troubleshooting
- Disaster recovery
- System back ups & data protection
- Virus protection & removal
- Network security
- E-mail & Internet setup help
- Wireless networking
- Consulting & support
- One-on-one computer training
- Hardware Sales

ATTENTION SMALL BUSINESSES:

Get all of the computer support you need without the expense of hiring a full time IT staff. Ask about our Small Business Computer Support Program.

Here are our WINNERS from 2006 Small Business EXPO Drawings!

As most of you may know Hawk iSolutions Group, Inc. had a booth at the Small Business EXPO on March 22nd at the St. Charles Convention Center. Our company gave away the following prizes:

- 1st Place: \$100.00** Pre-Paid American Express Card
- 2nd Place: \$50.00** Pre-Paid American Express Card
- 3rd Place: \$50.00** Outback Gift Certificate donated by our business partner, Reflexion, they provide solutions to SPAM

Our 1st place winner was Cathy Williamson. Cathy is the owner of Williamson Financial Management Group. WFMG specializes in college, estate, and retirement planning. Their goal is to move their clients toward financial freedom/excellence by educating them.

Robert Moritz was our 2nd place winner. Robert is a supervisor for L. Krupp Construction and has been with the company for the past 20 years. L. Krupp Construction is helping to build better highways and is currently working with MoDOT on several of the major highways here in Missouri.

The Outback Gift Certificate winner was Kelly Thuet. Kelly owns a major rescue organization here locally in Missouri.

Congratulations to all of our winners and we hope you enjoy your prizes. If anyone would like more information on the above listed companies please contact our offices and we would be happy to get you in touch. And again thank you to all who participated in the drawing!

YOU KNOW YOU ARE LIVING IN 2006 when...

1. You accidentally enter your password on the microwave.
2. You haven't played solitaire with real cards in years.
3. You have a list of 15 phone numbers to reach your family of three.
4. You e-mail the person who works at the desk next to you.
5. Your reason for not staying in touch with friends and family is that they don't have e-mail addresses.
6. You pull up in your own driveway and use your cell phone to see if anyone is home to help you carry in the groceries.
7. Every commercial on television has a web site at the bottom of the screen.
8. Leaving the house without your cell phone, which you didn't have the first 20 or 30 (or 60) years of your life, is now a cause for panic and you turn around to go and get it.
9. You get up in the morning and go on line before getting your coffee.

I'd Love To Hear From YOU!

Is there an article you would like to comment on? Is there a topic you want me to research? Have a funny story or a resource you want to share with the other subscribers? Send it to me! We are always looking for new and useful content to add to Hawk iView.

Michele Antone

(314) 727-1174

michele@hawkisg.com

www.hawkisg.com